



RESOURCE LIST

Jo TEDx “Why we need to talk about porn.”



Tricky Chats Parenting Course

www.trickychatparenting.com

Your step-by-step guide for talking about all things screens, safety & sexual wellbeing. For parents of 5-10-year-olds this is an online video course with lifetime access to 17 video modules covering the following, and much more...

- Playdates & sleepovers
- How to talk about sex
- Puberty
- What is stranger danger in 2024?
- How to talk about media & porn
- Navigating nudity & self-touch
- Apps & Filters
- Responding to disclosures

Includes PDF resources and recommended books.

Parent Book Recommendations for kids 2-12

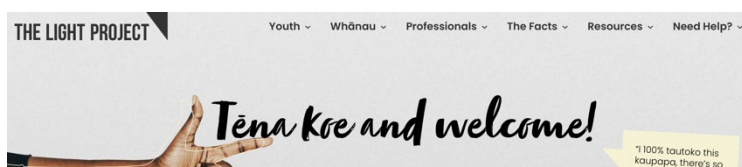
After reading dozens of books for children on consent, safety, sex and puberty I have established my favourites. I was surprised by the significant oversights in some books, while really pleased by the expertise shown in others.

<https://www.jorobertson.org/product-page/parent-book-recommendations>

The Light Project

www.thelightproject.co.nz

“Over the last 5 years, a whole new porn landscape for young people has emerged... so we’ve teamed up with experts and young people to put together this site for teens, their families, and youth professionals to learn more about porn and be part of the conversation.”



This site does include the indigenous language of New Zealand, Te Reo Maori

In The Know – For teens 13+

www.intheknow.co.nz

“Got questions or concerns about porn, nudes, rough sex, choking, ‘porn addiction’ or online sexual experiences? You’ve come to the right place. This stuff can be tricky and there’s no GPS or handbook on it. So, we’ve teamed up with some pros to do a full lowdown – with info, help and tips on all the tricky questions.”

